



Step 2: Take the white 3 7/8 inch squares and draw a diagonal line along the back of the square.

Step 3: Pair a white square with the 3 7/8 inch Blue square. Sew $\frac{1}{4}$ inch seam along the diagonal line that you drew, turn and sew along the other side. Then slice the square along the drawn line. Press open - and you will have your $\frac{1}{2}$ square triangle blocks. You need 4 per block.

Step 4: Layout the block as shown:



Sew the rows together and press.
Then sew the block together. **Make 15 Blocks**

The Friendship star block:

Cutting Instructions:

Blue:

Cut 3~3 7/8 inch strips

Subcut into 30~ 3 7/8 inch squares

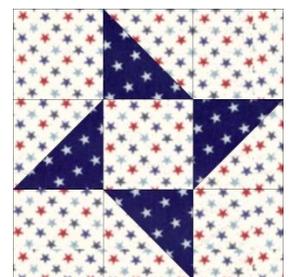
White:

Cut 8~ 3 1/2 inch strips

subcut into 75~ 3 1/2 inch squares

Cut 3~ 3 7/8 inch strips

subcut into 30~ 3 7/8 inch squares



Sewing Instructions:

Step 1: Take your white $3\frac{7}{8}$ inch squares and mark a diagonal line across the back of them.

Step 2: pair 1 Blue square with one white square and sew $\frac{1}{4}$ inch away from the diagonal line. Turn and sew the other side. Slice along the drawn line and pull apart. Press open.

Step 3: Lay the rows out as shown in the diagram and sew together.



I like using the white in the center, because sometimes I ask people to sign them.

Make 15 Blocks

6 $\frac{1}{2}$ inch Churn Dash Blocks make 4

I have to be honest here: I always try to use up my scraps first, and then I will cut strips next to piece smaller blocks. If I cut a whole strip and don't use it, it doesn't bother me because I put it in my string bin. So this is where you get to decide how to cut the pieces for this block = but here is what you need to piece four of them:

Blue:

You need 8 ~ $2\frac{7}{8}$ inch squares

16 ~ $1\frac{1}{2} \times 2\frac{1}{2}$ inch rectangles

4 ~ $2\frac{1}{2}$ inch squares (centers)

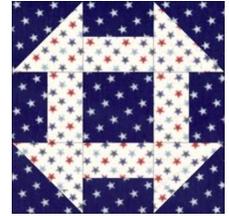
White:

8 ~ $2\frac{7}{8}$ inch squares

16 ~ $1\frac{1}{2} \times 2\frac{1}{2}$ inch rectangles

You piece them the exact same as the other churn dash blocks. Take your white and blue $1\frac{1}{2} \times 2\frac{1}{2}$ inch strips, and sew them together. Press.

Take the White $2 \frac{7}{8}$ inch squares and mark a diagonal line across the back. Pair with a Blue square and sew on both sides of the line. Slice along the line and press.



Piece them together into rows, and press. Then into the block.

Sashing and Red Borders

First let's cut the sashings.

cut 18 ~ 2 inch strips from your red sub cut into 71 ~ $2 \times 9 \frac{1}{2}$ inch sashings

Then let's cut the outer red border and we will set it aside.

You need 6 ~ $6 \frac{1}{2}$ inch wof strips for the borders.

White Cornerstones

You will also need 48 ~ 2x2 inch white cornerstone pieces.

Cut 2 ~ wof 2 inch strips and one 8 inch x 2 inch piece. Subcut them into 48 2x2 inch squares.

Blue Stop Border:

With your blue cut 6 ~ 2 inch strips and set aside with your Red Border pieces.

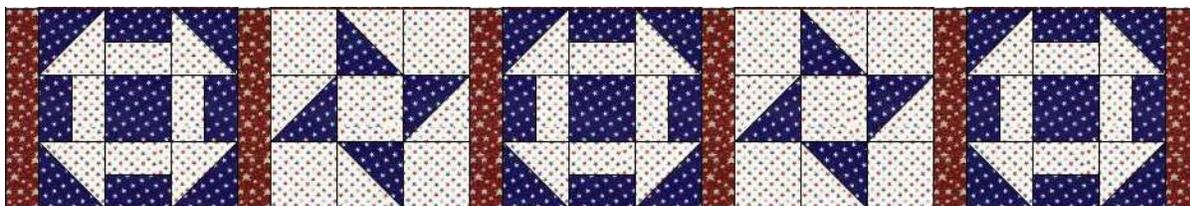
Putting it together:

After you have your blocks done, you are ready to lay out the inside of your top.

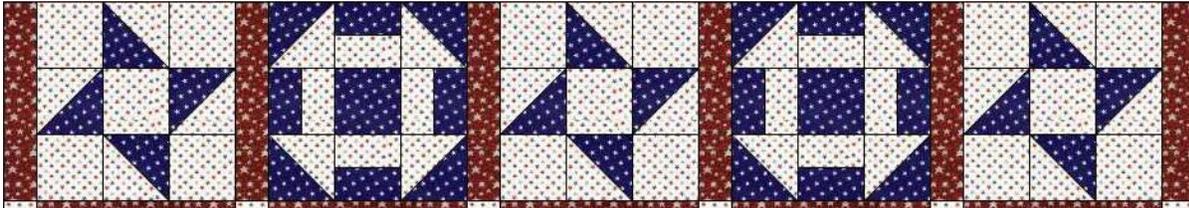
You will assemble 7 sashing rows using a white cornerstone square and a red sashing strip:



You will assemble 3 rows like so: (Block Row 1)



You will assemble 3 rows like so: (Block Row 2)



Then to put the inside top together you will sew a:

Sashing Row

Block Row 1

Sashing row

Blocks Row 2

Sashing Row

Block Row 1

Sashing Row

Block Row 2

Sashing Row

Block Row 1

Sashing Row

Block Row 2

And ending with a sashing row. The inside top should measure about $54 \times 64 \frac{1}{2}$

The Blue Stop Border:

I used my 2 inch strips and made 2 of them as long as the horizontal length of the quilt.

Then I made two borders as long as the vertical length of the quilt. On the vertical borders I added a 2 inch square to both the top and the bottom of the border.

I then applied the top border. Pressed it, then applied the side borders and pressed.

The Red Outer border:

Again - I used my $6 \frac{1}{2}$ inch strips and made borders the length and the width of the interior of the quilt. And on the vertical borders I added a $6 \frac{1}{2}$ inch churn dash block to the ends. And then applied the borders. Press

And Voila!! You should have a finished Quilt of Valor top!!